

Guest Faculty

Liane Donovan, MD
Spine & Pain Centers of Nebraska

Linda Stones, RN
Director Rehabilitation Services
BryanLGH Medical Center

Scott Swanson, MD
Nebraska Orthopaedic & Sports Medicine

Adam Kafka, MD
Madonna Fit For Work

Doug Fletcher, CIH, CSP
Compliance Assistance Specialist
Federal OSHA for Nebraska

Doug Kavanaugh, MPT, OCS
Director of Physical Therapy
Nebraska Occupational Health Center &
Lincoln Physical Therapy Associates, PC

**Ally Dering-Anderson,
PharmD, RP**
UNMC College of Pharmacy

David Durand, MD
St. Elizabeth Company Care

Nancy Waltman, APRN
Associate Professor
UNMC College of Nursing

**Catherine Parker,
RN, MSN**
Manager Employee Health Services
BryanLGH Medical Center

Your Planning Committee:

Cathy Parker, RN
Diane Courtney, RN
Anne Robbins, RN
Kathy Novacek, RN
Kris Kusik, RN

Purpose: This conference will provide current information on health, safety and wellness in the workplace. The conference will also provide important resources and networking opportunities necessary for keeping current in occupational health.

NURSING CONTACT HOURS

Friday, August 5, 2011

7.2 Iowa Contact Hours = 6 Nebraska Contact Hours

Saturday, August 6, 2011

3.6 Iowa Contact Hours = 3 Nebraska Contact Hours

Continuing Education Credit provided by:
Iowa Western Community College
Iowa Board of Nursing Provider #6

(The Iowa Board of Nursing recognizes 50 minutes of continuing education = 1 contact hour.)

Partial hours will not be granted.

Lodging:

Holiday Inn Downtown - Lincoln
141 North 9th Street, Lincoln, NE

To book your reservation at the Holiday Inn Downtown—Lincoln, call (402)475-4011. To make internet reservations please visit

<http://www.holidayinn.com/hotels/us/en/lincoln/lnkdt/hoteldetail>.

There is a block of rooms reserved please use the following information when making your reservation:

1. Group Name: NE Assoc. of Occupational Health Nurses
2. Group Code: NAO
3. Dates: 08-04-11 through 08-06-11
4. Rate: Standard: \$85, includes parking
5. Cutoff Date: July 14th, 2011

NAOHN

PRE-Fall Conference August 5-6, 2011

Location:

**BryanLGH Medical
Center West
Conference Center
(Lower Level)**

**2222 S.16th Street
Lincoln, NE 68502**

**Parking available in
garage**



Agenda

Friday, August 5, 2011

- 8:00 **Registration**
- 8:25 **Welcome**
Kathy Novacek, RN – NAOHN President
- 8:30 **Top Down Pain Management: Cervical, Thoracic, Lumbar**
Dr. Liane Donovan, MD
- 9:30 **Break/Exhibits**
- 9:45 **The State of Nurses Address**
Linda Stones, RN
- 10:45 **Break/Exhibits**
- 11:00 **Foot and Ankle Injuries**
Dr. Scott Swanson, MD
- 12:00 **Lunch (provided) /Exhibits/Networking**
- 13:00 **Treatment Approach for Upper Extremity Strains and Sprains**
Dr. Adam Kafka, MD.
- 14:00 **Break/Exhibits**
- 14:15 **OSHA Update**
Doug Fletcher, CIH, CSP
- 15:15 **Break/Exhibits**
- 15:30 **Shoulder Pain & Impingement Treatment**
Doug Kavanaugh , MPT, OCS
- 16:30 **Conclusion/Completion of Evaluations**

Saturday, August 6, 2011

- 8:00 **Registration**
- 8:25 **Welcome**
Kathy Novacek, RN – NAOHN President
- 8:30 **No Rx Doesn't Mean—No Risk**
Dr. Ally Dering-Anderson, PharmD, RP
- 9:30 **Break**
- 9:45 **How to get the Difficult Injured Worker to MMI**
Dr. David Durand, MD
- 10:45 **Break**
- 11:00 **Headache Management Clinic in the Workplace**
Nancy Waltman, APRN/Cathy Parker, RN
- 12:00 **Conclusion/Completion of Evaluations**

Objectives

- *Describe pain management principles for cervical, thoracic and lumbar spine conditions.*
- *Identify reasons for nurses to be politically active, key issues facing nurses today and how nurses can get involved in professional issues.*
- *Identify diagnostic methods, treatment options and impairment related to occupational foot and ankle injuries.*
- *Identify diagnostic methods, treatment options and prevention strategies for upper extremity strains and sprains*
- *Understand OSHA recordkeeping requirements, the National and Local Emphasis Program and new enforcement strategies.*
- *Describe anatomy of the shoulder, examination techniques and ergonomic principles related to the shoulder.*
- *Recognize characteristics, safety and abuse of common OTC products and vitamins.*
- *Identify unique factors relating to diagnosing and treating workers' compensation patients.*
- *Describe migraine headache symptoms and treatment options; identify workplace strategies to address migraine headaches.*

Intended audience: Nurses and other occupational health professionals.

In the unlikely event that the conference is cancelled, you will be notified and payment refunded.

There will be no refund for "No Shows".

REGISTRATION FORM

Payment due with registration.

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|--------------------------|-------------------------------|----------|
| <input type="checkbox"/> | NAOHN Members—Both Days | \$50.00 |
| <input type="checkbox"/> | NAOHN Members—Friday Only | \$35.00 |
| <input type="checkbox"/> | NAOHN Members—Saturday Only | \$25.00 |
| <input type="checkbox"/> | Non-NAOHN Members—Both Days | \$125.00 |
| <input type="checkbox"/> | Non-NAOHN Members—Friday Only | \$95.00 |
| <input type="checkbox"/> | Non-NAOHN Members—Saturday | \$45.00 |

Name

Address

City

State

Zip

Company Name

Day Phone

E-mail

Make checks payable to:
Nebraska Association of Occupational Health Nurses (NAOHN)

Mail checks to:
Cathy Parker
Employee Health Services
BryanLGH Medical Center
1600 South 48th Street
Lincoln, NE 68506

Phone: 402-481-8946 Fax: 402-481-1043

Email: catherine.parker@bryanlgh.org