

NAOHN Spring Seminar March 19, 2010

State Farm Insurance
222 South 84th St.
Lincoln, NE 68510
(Check in with Security when you arrive)

- 12:00 p.m. – 12:25 p.m.** **Registration & Lunch** (sponsored by Madonna Fit For Work)
- 12:30 p.m. – 1:30 p.m.** **OSHA Update: Enforcement Strategies & Special Emphasis Areas**
Doug Fletcher, CIH, CSP Compliance Assistance Specialist
Objective:
 - To familiarize attendees with current OSHA initiatives that may affect the practice and provision of Occupational Health services.
- 1:30 p.m. – 1:40 p.m.** **Break**
- 1:40 p.m. – 2:30 p.m.** **Cardiovascular/Stroke Presentation**
Jill Duis, RN, BSN
Objectives:
 - Identify the prevalence of cardiovascular disease in the United States
 - Identify both controllable and non-controllable cardiovascular risk factors
 - List two different types of stroke
 - Summarize key concepts for rapid action of stroke treatment
 - Outline assessment and treatment of the patient experiencing stroke
- 2:30 p.m. – 2:45 p.m.** **Break** (sponsored by Nebraska Occupational Health)
- 2:45 p.m. – 3:45 p.m.** **Integrating Holistic Practice Into Your Personal & Professional Life**
Paul Nathenson, CCRN, HN-BC, MPA
Objectives:
 - Describe how the stress response is triggered
 - Identify the impact of recurrent stress on physical and psychological health
 - Describe 3 techniques that trigger the relaxation response
- 3:45 p.m.** **Evaluation, Announcements**
- 4:00 p.m.** **Adjourn**

\$25.00 for NAOHN members
\$35.00 for non-members
Lunch included

Make checks payable to: NAOHN

Pay at the Door or Send Registration Fee to:
Kim Miller
BryanLGH Medical Center
1600 S 48th St
Lincoln NE 68506

Continuing Education: Nebraska 3.4 Contact Hours Iowa .34 CEUs
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